

African American Prevention Intervention Network
SANKOFA FACT SHEET

July 2004

No. 2

Research Synthesis

BEHAVIORAL INTERVENTION TO REDUCE AIDS RISK ACTIVITIES

MANY MEN, MANY VOICES

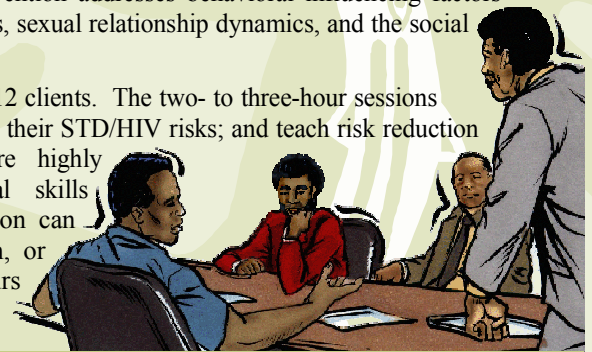
A GROUP-LEVEL INTERVENTION FOR GAY MEN OF COLOR (Revised)

AUTHORS: Kelly JA, St. Lawrence JS, Hood HV, Brasfield TL. (1989).

JOURNAL: *Journal of Consulting and Clinical Psychology* 57(1):60-67.

Program Overview: *Many Men, Many Voices* (3MV) is a six- or seven-session, group-level STD/HIV prevention intervention for gay men of color. The intervention addresses behavioral influencing factors specific to gay men of color, including cultural/social norms, sexual relationship dynamics, and the social influences of racism and homophobia.

3MV is designed to be facilitated by a peer in groups of 6-12 clients. The two- to three-hour sessions aim to foster positive self-image; educate participants about their STD/HIV risks; and teach risk reduction and partner communication skills. The sessions are highly experiential, incorporating group exercises, behavioral skills practice, group discussions and role play. The intervention can also be adapted to 12 sessions of 75-90 minutes each, or condensed into a weekend retreat, covering the 18-21 hours of intervention curriculum.



The sessions address specific influencing factors in a sequence, including:

Session 1: The Dual Identity of Gay Men of Color

Session 2: STD/HIV Prevention for Gay Men of Color – Sexual Roles and Risks

Session 3: STD/HIV Risk Assessment and Prevention Options

Session 4: Intentions to Act and Capacity to Change

Session 5: Sexual Relationship Dynamics – Partner Selection, Communication and Negotiation

Session 6: Social Support and Problem-Solving to Maintain Change

Session 7: (optional) Building a Healthy Community

Core Elements: Core elements of 3MV are: educate clients about HIV risk and sensitize to personal risk, develop risk reduction strategies, train in behavioral skills, train in partner communication and negotiation, provide social support and relapse prevention.

Target Population: The 3MV intervention targets gay men of color.

Program Materials: Educational materials for distribution which may be used to recruit persons into the group

Research Results: After implementation of the original intervention (12 sessions of 75-90 minutes each), participants reduced their frequency of unprotected anal intercourse and increased their use of condoms significantly more than men who did not participate in the intervention.

Source: Procedural Guidance for Selected Strategies and Interventions for Community-Based Organizations Funded Under Program Announcement 04064. Centers for Disease Control and Prevention's National Center for HIV, STD and TB Prevention, Atlanta, Ga. For more information, visit: www.effectiveinterventions.org, call: 1-800-462-9521 or e-mail: interventions@aed.org.

For more information, call the **Mississippi Urban Research Center** at: 1-866-JSU-MURC (578-6872).

Funding provided in whole or in part by the Centers for Disease Control and Prevention through cooperative agreement number U65/CCU423698.

